



TRAVERSE CITY CENTRAL TROJAN HOCKEY

Team Breakfast Guidelines

General Notes

- No breakfast on No School days or snow days (practice is canceled).
- If you need a schedule change, arrange a swap with another family directly.
- Be sure to note any dietary restrictions or allergies listed in the sign-up.

Family Responsibilities

- Each family signs up for 2 breakfasts during the season.
- You may host alone or share with another family.
- Breakfast costs are covered by the family.
- Sign-Up Link: [Breakfast Sign-up](#)

What to Provide

- Enough food and beverages for all players (20)
- Prepare food at home or bring necessary equipment and serving utensils.
- Electricity: Only a few outlets work, so plan accordingly for warming food.
- One case of water
- 3 gallons of chocolate milk, 2 quarts of juice (Players love apple juice!)

Breakfast Bin Supplies (Provided)

- Paper products (plates, bowls, cups, napkins, silverware)
- Syrup, ketchup, hot sauce, salt & pepper
- Cleaning supplies & paper towels

Set-Up

- Tables and chairs:
 - Located just inside the rink doors to the left or by the bleachers.
 - Set up 3 long tables along the bench in the lobby, with chairs on the opposite side.
- Breakfast Bin:
 - Located inside the rink under the bleachers (large black and yellow box).
 - Set up 2 condiment/napkin caddies on each table

Breakdown

- Return all items from the Breakfast Bin back to the bin and store under the bleachers.
- Wipe down the tables, and return tables and chairs inside the rink.
- If supplies are running low, contact the Breakfast Bin volunteer for restocking.